



# World Down Syndrome Day

We want to get the world talking about WDSO taking place at Hornsea  
Community Primary School on Friday 20/3/2020



How can you help? By wearing LOTS OF SOCKS!

But not just any socks... brightly coloured socks, long socks, printed socks, 1 sock... even 3 socks for 3 chromosomes. If you do not normally wear socks, wear them!

Wear them at home, nursery, school, college, university, work, play, travel, on holiday...wherever you will be on 21 March!

Make sure to take pictures and videos and post them on social media

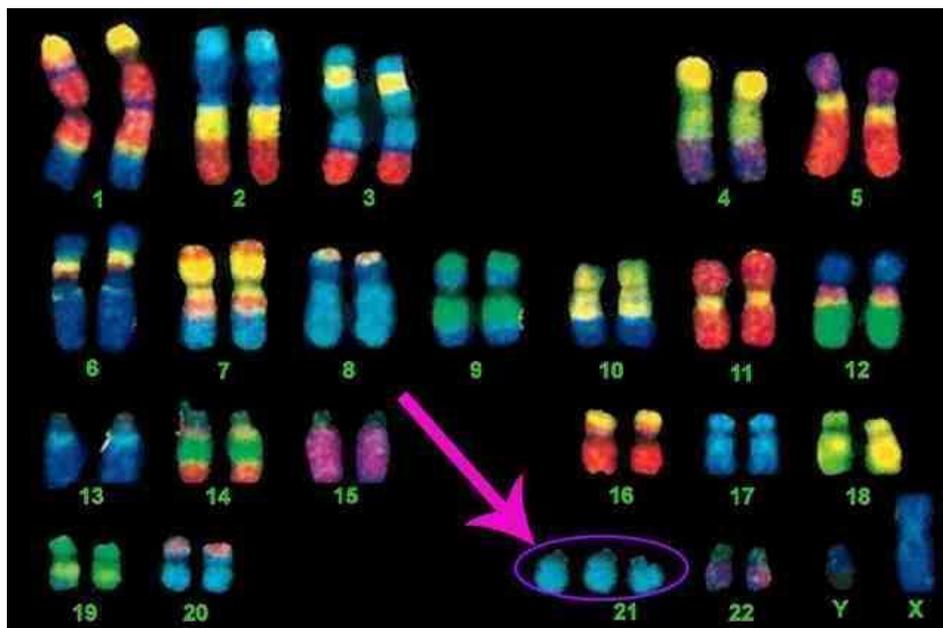
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Make sure you use the hashtags **#LotsOfSocks**, **#WorldDownSyndromeDay** and **#WDSO20**

## Why Lots of Socks?



This is a picture of chromosomes which some say look a little bit like pairs of socks. Sometimes people have an extra 'sock' or chromosome and a person with Down syndrome has an extra copy of chromosome 21 as you can see in the picture. That's ok – it just means that some things a little harder for them. They are a little different but different is ok. People with Down syndrome learn, laugh, love, live and, just like the rest of us, sometimes they also get cross, sad, dislike things, get uncomfortable being stared at and just want to join in with everyone else. Where children with Down syndrome and other disabilities are given opportunities to join in, all children benefit from this and environments of friendship, acceptance, respect for everyone and high expectations are created.

**Thank you so much for your support and we hope you enjoy wearing 'Lots of Socks' and celebrating World Down Syndrome Day!**